



Classroom and Group Mindsets & Behaviors Action Plan

The ASCA Mindsets & Behaviors guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors action plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents schedule of all classroom and groups activities.

Use the classroom and group Mindsets & Behaviors action plan to identify all ASCA Mindsets & Behaviors addressed through classroom and group activities. While some activities address multiple ASCA Mindsets & Behaviors, list the activity with the primary mindset or behavior addressed by the activity. It is not necessary to repeat activities with all ASCA Mindsets & Behaviors addressed through that activity.

School Name: East Garner Elementary

Mindsets	Activity	Participants	Class/LG	SG
M 1. Belief in development of whole self, including a healthy balance of mental, social/ emotional and physical well-being	7 Habits of Happy Kids	K-2		
M 2. Self-confidence in ability to succeed	Growth Mindset 3-5	3-5		
M 3. Sense of belonging in the school environment	Schoolwide Community Days Family Engagement Nights	PreK-5		
M 4. Understanding that postsecondary education and lifelong learning are necessary for long-term career success	Career Day Career Exploration Lessons K-2 Career Exploration Lessons 3-5	PreK-5		
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	Growth Mindset 3-5 Resiliency small groups	3-5		
M 6. Positive attitude toward work and learning	Work Habits K-2	K-5		
Behavior Learning Strategies	Activity	Participants	Class/LG	SG
B-LS 1. Demonstrate critical-thinking skills to make informed decisions				
B-LS 2. Demonstrate creativity	Self-esteem Lessons K-2 Self-esteem Lessons 3-5	All students		
B-LS 3. Use time-management, organizational and study skills	Work Habits K-2			
B-LS 4. Apply self-motivation and self-direction to learning	Growth Mindset 3-5			
B-LS 5. Apply media and technology skills	Career Exploration	3-5		
B-LS 6. Set high standards of quality				
B-LS 7. Identify long- and short-term academic, career and social/emotional goals	Goal setting activities	3-5		
B-LS 8. Actively engage in challenging coursework				
B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions				

B-LS 10. Participate in enrichment and extracurricular activities	Girls on the Run	Girls 3-5		
Behavior Self-Management Skills	Activity	Participants	Class/LG	SG
B-SMS 1. Demonstrate ability to assume responsibility	Growth Mindset 3-5			
B-SMS 2. Demonstrate self-discipline and self-control	Work Habits K-2			
B-SMS 3. Demonstrate ability to work independently				
B-SMS 4. Demonstrate ability to delay immediate gratification for long-term rewards				
B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals				
B-SMS 6. Demonstrate ability to overcome barriers to learning				
B-SMS 7. Demonstrate effective coping skills when faced with a problem	Coping Skills	1 st -5 th Grades		
B-SMS 8. Demonstrate the ability to balance school, home and community activities				
B-SMS 9. Demonstrate personal safety skills				
B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities				
Behavior Social Skills	Activity	Participants	Class/LG	SG
B-SS 1. Use effective oral and written communication skills and listening skills				
B-SS 2. Create positive and supportive relationships with other students	Other People Matter Mindset	PreK-5		
B-SS 3. Create relationships with adults that support success	Other People Matter Mindset	PreK-5		
B-SS 4. Demonstrate empathy	Kindness			
B-SS 5. Demonstrate ethical decision-making and social responsibility				
B-SS 6. Use effective collaboration and cooperation skills				
B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams				
B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary	Anti-bullying lesson K-2 Anti-bullying lesson 3-5	K-5		
B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment				